

My Ideal Week

As you plan out your Ideal Week, make sure that your identified Growth Activities are present in your calendar. Use the GREEN shaded area for working ON your business. This is the time you will be most focused, innovative and productive. Use the YELLOW shaded area for working IN your business. Place all meetings and tasks here. Finally place personal Growth Activities in your Ideal Week. When you exercise, a date night possibly, or time with friends.

	Mon.	Tues.	Weds.	Thurs.	Fri.	Sat.	Sun.
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