

# Ego Evaluation

**INSTRUCTIONS:** Give yourself a score for each of the statements below and circle the number that best represents you. When finished, add up the total for all 15.

In this evaluation, 1 is not correct at all (strongly disagree) and 5 is most correct (strongly agree).

1. When people are talking, you formulate a response before they are finished.	1 2 3 4 5
2. You find yourself thinking about yourself a lot during the day.	1 2 3 4 5
3. Your needs are more important than those of others.	1 2 3 4 5
4. Your work and achievement comes first and gets the best of your time and energy.	1 2 3 4 5
5. You are a project-before-people person.	1 2 3 4 5
6. You are demanding with people.	1 2 3 4 5
7. It is important that your opinion be considered highly valuable.	1 2 3 4 5
8. You consider your opinion right most of the time.	1 2 3 4 5
9. You will not be overlooked or uninvolved.	1 2 3 4 5
10. You expect a lot from people.	1 2 3 4 5
11. You consider your thoughts and abilities to be superior to most people.	1 2 3 4 5
12. You offer advice even when people are not asking for it.	1 2 3 4 5
13. You consider yourself an expert in most fields.	1 2 3 4 5
14. You drive fast and are late for meetings and personal events.	1 2 3 4 5
15. You struggle to connect in key relationships.	1 2 3 4 5
Your total score is:	

## SCORING INTERPRETATION:

Score of 30 or less is  
low level of egotism.

Score of 30 to 45 is  
medium level of egotism.

Score of 45 to 75 is  
high level of egotism.